

# When to go to Pat Walker Health Center...

- General medical care
- Manage chronic medical illnesses such as diabetes, high blood pressure, etc.
- Acute care for illness and injury
- Preventive care
- Physical exams
- Minor office surgical procedures
- Wound care
- Orthopedic services
- Dietitian/nutrition services
- STD Screenings
- Integrated behavioral health
- Women's Health Care
- Allergy & Immunizations



**Schedule an appointment! Call 479-575-4451  
or online at [myhealth.uark.edu](https://myhealth.uark.edu).**

## Not sure? Just ask!

Walk in or call the Pat Walker Health Center Primary Care Clinic and speak to a triage nurse. A triage nurse can help you decide what type of care you need, and where you need to go.

## Health center closed?

- Call the NurseLine using the phone number on your insurance ID Card.
- Go to an Walk-in Urgent Care Center:
  - MedExpress Urgent Care | 2890 N. College Avenue | 479-582-1279
  - MediServe Walk-In Clinic | 1188 N. Salem Rd #6 | 479-441-0006
  - WRMC Urgent Care | 3E Appleby Road, Suite 101 | 479-404-1010

# When to go to the emergency room...

- Severe burn, cut or bleeding
- Coughing or throwing up blood
- Severe pain anywhere on the body
- Severe allergic reaction
- High fever with headache and stiff neck
- High fever that does not get better with medicine
- Consistent vomiting or diarrhea
- Poisoning or overdose from drugs or alcohol
- Suicidal thoughts
- Convulsions or seizures
- Difficulty breathing
- Passing out, fainting, unconsciousness
- Severe Pain in the arm or jaw
- Severe headache
- Unable to speak, see, walk or move
- Suddenly weak or drooping on one side of body
- Reoccurring dizziness or weakness
- Inhaled smoke or poisonous fumes
- Sudden confusion
- Possible broken bone, loss of movement



## Local emergency rooms...

**Washington Regional Medical Center | 479-463-1000**

3215 N. Northhills Blvd, Fayetteville, Arkansas

**Northwest Regional Medical Center | 479-751-5711**

609 W. Maple Avenue, Springdale, Arkansas

**Mercy Medical Center | 479-338-8000**

2710 Rife Medical Lane, Rogers, Arkansas



## When to call 9-1-1...

- Choking
- Stopped breathing
- Injury to head, neck or spine
- Electric shock or lightning strike
- Severe burn
- Severe chest pain or pressure
- Seizure lasting 3 to 5 minutes

