

When to go to Pat Walker Health Center...

- General medical care
- Manage chronic medical illnesses such as diabetes, high blood pressure, etc.
- Acute care for illness and injury
- Preventive care
- Physical exams
- Minor office surgical procedures
- Wound care
- Orthopedic services
- Dietitian/nutrition services
- STD Screenings
- Integrated behavioral health
- Gynecological care
- Allergy & Immunizations



**Schedule an appointment! Call 479-575-4451
or online at myhealth.uark.edu.**

Not sure? Just ask!

The health center at times ***offers limited same-day appointments for acute medical concerns***. It is strongly encouraged to call ahead before walking in. ***If you are unsure if you need to be seen or need medical advice***, students and employees can speak with our Nurse Triage Team by calling the health center.

Local Walk-in Urgent Cares (if health center is closed)

- **MANA Urgent Care Wedington** | 1188 N. Salem Rd #6 | 479-441-0006
- **MANA Urgent Care College** | 1673 N College Avenue | 479-521-0200
- **MedExpress Urgent Care** | 2890 N. College Avenue | 479-582-1279
- **WRMC Urgent Care** | 2069 N Crossover Rd Suite 2 | 479-718-6470

When to go to the emergency room...

- Severe burn, cut or bleeding
- Coughing or throwing up blood
- Severe pain anywhere on the body
- Severe allergic reaction
- High fever with headache and stiff neck
- High fever that does not get better with medicine
- Consistent vomiting or diarrhea
- Poisoning or overdose from drugs or alcohol
- Suicidal thoughts
- Convulsions or seizures
- Difficulty breathing
- Passing out, fainting, unconsciousness
- Severe Pain in the arm or jaw
- Severe headache
- Unable to speak, see, walk or move
- Suddenly weak or drooping on one side of body
- Reoccurring dizziness or weakness
- Inhaled smoke or poisonous fumes
- Sudden confusion
- Possible broken bone, loss of movement



Local emergency rooms...

Washington Regional Medical Center | 479-463-1000
3215 N. Northhills Blvd, Fayetteville, Arkansas

Northwest Health ED Fayetteville | 479-757-1760
1255 S Shiloh Dr, Fayetteville, AR 72701

Northwest Medical Center- Springdale | 479-751-5711
609 W. Maple Avenue, Springdale, Arkansas

Mercy Hospital Northwest Arkansas | 479-338-8000
2710 Rife Medical Lane, Rogers, Arkansas



When to call 9-1-1...

- Choking
- Stopped breathing
- Injury to head, neck or spine
- Electric shock or lightning strike
- Severe burn
- Severe chest pain or pressure
- Seizure lasting 3 to 5 minutes

