

ELIGIBILITY REQUIREMENTS

To be eligible for the CAPS Part-Time Training Program, a student must:

- Be enrolled in a masters or doctoral program related to mental health.
- Participate in two (2) semesters of training for Fall & Spring. *No Summer semester available.*

CAPS occasionally will accept a student for the Spring semester on a case-by-case basis.

APPLICATION PROCEDURES

Participating graduate programs will be notified Spring semester of available positions for Graduate Clinicians and Counseling Interns.

Interested students should email the following to Elizabeth Stout, Ph.D., Assistant Director/Training Director at ekstout@uark.edu:

- Curriculum vitae or resume.
- Cover letter (include description of clinical experience).
- Letter of clinical readiness from graduate program chair.

Applicants may express interest in a specific CAPS clinical team in their cover letter, however CAPS may not be able to accommodate preferences.

Applications are due by the deadline announced to graduate program (usually end of February).

Interviews will be scheduled for early March and accepted candidates will be notified by end of March.

CONTACT INFORMATION

Elizabeth Stout, Ph.D.

Assistant Director/Training Director
ekstout@uark.edu

Lauren Rosso, Psy.D.

In-House Training Coordinator
lrosso@uark.edu

Megan Little, Ph.D., LPC

Embedded Team Coordinator
ml009@uark.edu

CAPS

Pat Walker Health Center

University of Arkansas

525 N. Garland Ave.

Fayetteville, AR 72701

479-575-5276

health.uark.edu



UNIVERSITY OF
ARKANSAS

Student Affairs
Pat Walker Health Center



Accredited by the
International Association of
Counseling Services (IACS)

COUNSELING & PSYCHOLOGICAL SERVICES

CAPS PART-TIME TRAINING PROGRAM



CAPS TRAINING PROGRAM

Counseling & Psychological Services (CAPS) offers a part-time training program for University of Arkansas graduate students specializing in a mental health field.

This challenging and supportive program provides high-quality clinical and professional experience for a variety of presenting concerns including behavioral adjustment, serious mental illness, and substance abuse.

The program also emphasizes outreach and community programming on campus; as well as learning from each other through close, thoughtful multidisciplinary supervision.

Although accepted trainees will work together as a cohort, each trainee will also be assigned to one of the following specific teams:

- *Embedded Mental Health Team*
- *In-House Training Team*
- *Case Management Team*

CAPS embedded teams help increase the flexibility of scheduling and working hours of the trainee. CAPS In-House Training team allows for more on-site supervision for the trainee. Trainees assigned to the Case Management team will see fewer individual clients and gain additional experience with various support activities.

TRAINING PROGRAM GOALS

Help develop clinical skills in the areas of counseling/psychotherapy, crisis intervention, and psychoeducational programming.

Promote and reinforce an understanding and appreciation of individual and cultural diversity.

Develop a professional identity that incorporates ethical practices and sound professional judgment.

ABOUT CAPS

CAPS helps students navigate the pressures of college and beyond with various evidence-based mental health services and programs.

Our staff is comprised of professionally licensed mental health clinicians (licensed psychologists, professional counselors, and clinical social workers), as well as board certified psychiatrists and a psychiatric nurse.

CAPS is located on the second floor of the Pat Walker Health Center, and is open 8 a.m. to 5 p.m., Monday through Friday.

DIVERSITY STATEMENT

CAPS is committed to increasing awareness and appreciation for individual and cultural differences.

CAPS consistently promotes social justice and envisions a campus environment that fosters inclusiveness, achievement, and the advancement of a diverse and empowered student body.

By valuing diversity, CAPS strives to be a positive force on campus for all students, faculty, and staff as they explore their identities and beliefs.

These commitments help guide CAPS clinical services, training, outreach, and staffing.



TRAINING COMPONENTS

Training Activities

Group Supervision.....	1 hour/wk
Seminar.....	1 hour/wk
Didactics.....	2 hours/wk
Primary Supervision.....	1 hour/wk
Secondary Supervision.....	1 hour/wk
Group Consultation.....	30 mins/wk

TOTAL: 6.5 hours/week

Administrative Activities

Paperwork/Research/Prep...	3 hours/wk
Staff Meeting.....	30 mins/wk

TOTAL: 3.5 hours/week

Clinical Activities

Individual Therapy.....	8 hours/wk
Group Therapy.....	1 hour/wk
Outreach.....	1 hour/wk

TOTAL: 10 hours/week

Case management students will have 3 to 5 hours of individual therapy, instead of 8. Additional time will be spent on case management duties