

ELIGIBILITY REQUIREMENTS

To be eligible for the CIR Program, you must:

- Be enrolled in a doctoral program (counselor education or psychology).
- Have a master's degree in counseling, psychology, social work, or other related field.
- At least one year of clinical counseling experience adhering to ethical and professional standards.

APPLICATION PROCESS

Interested applicants should email the following to Megan Little, Ph.D., Embedded Team Coordinator at ml009@uark.edu:

- A current curriculum vitae (CV).
- Cover letter.
- Two (2) letters of reference completed by individuals familiar with clinical experience.

Applications are due in February
Contact CAPS for more information.



CONTACT INFORMATION

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CAPS

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UNIVERSITY OF
ARKANSAS

Student Affairs
Pat Walker Health Center



Accredited by the
International Association of
Counseling Services (IACS)

COUNSELING & PSYCHOLOGICAL SERVICES

COUNSELOR IN RESIDENCE



COUNSELOR-IN-RESIDENCE PROGRAM

Counseling & Psychological Services (CAPS) partners with University Housing to help increase mental health services for students living on campus.

The Counselor-in-Residence program offers advanced clinical training for doctoral students in either counselor education or psychology. CIRs have offices located in residence halls and provide individual and group counseling, as well as education and outreach programming. CIRs also serve as mentors for master's level counseling trainees.

CIRs typically possess advanced training in counseling, helping skills, and crisis situations.

The position is 20 hours/week and works July 16th through June 30th. Most CIRs work with University Housing and CAPS for 1 - 4 years.

CIR compensation includes:

- \$1,800 monthly stipend
- Tuition waiver
- Partial meal plan

Primary responsibilities include:

- Consulting with students in response to personal, social, institutional, and developmental needs.
- Mentor counseling interns in conjunction with CAPS senior staff.
- Advise and coach residence hall staff about the psychological needs of students including intervention strategies for various situations.
- Serve as a resource for outreach programming, as needed.

ABOUT CAPS

CAPS helps students navigate the pressures of college and beyond with various evidence-based mental health services and programs.

Our staff is comprised of professionally licensed mental health clinicians (licensed psychologists, professional counselors, and clinical social workers), as well as board certified psychiatrists and a psychiatric nurse.

CAPS is located on the second floor of the Pat Walker Health Center, and is open 8 a.m. to 5 p.m., Monday through Friday (9 a.m. on Fridays).

DIVERSITY STATEMENT

CAPS is committed to increasing awareness and appreciation for individual and cultural differences.

CAPS consistently promotes social justice and envisions a campus environment that fosters inclusiveness, achievement, and the advancement of a diverse and empowered student body.

By valuing diversity, CAPS strives to be a positive force on campus for all students, faculty, and staff as they explore their identities and beliefs.

These commitments help guide CAPS clinical services, training, outreach, and staffing.



CIR DEVELOPMENT

Training activities are designed to be developmentally tailored and sequential according to the needs and clinical skill of each CIR.

CIRs begin with the same training format as CAPS part-time trainees and gradually take on more advanced training activities over their four years at CAPS.

This may include advanced didactics, provision of supervision, and completion of professional research.

Weekly Schedule - Year One

Group Supervision.....	1 hour/wk
Seminar.....	1 hour/wk
Didactics.....	2 hours/wk
Primary Supervision.....	1 hour/wk
Group Consultation.....	30 mins/wk

TOTAL: 5.5 hours/week

Administrative Activities

Paperwork/Research/Prep.....	3 hours/wk
Staff Meeting.....	30 mins/wk

TOTAL: 3.5 hours/week

Clinical Activities

Individual Therapy.....	8 hours/wk
Group Therapy.....	1 hour/wk
Outreach.....	2 hour/wk

TOTAL: 11 hours/week