

**We know talking about
an assault is not easy.**

But, SARAH is here to listen.

Sexual harassment, sexual misconduct, sexual assault, rape, dating violence, intimate partner violence, domestic violence, and stalking can leave a person feeling alone and isolated. Many victims/survivors are afraid to talk about their experiences or worry about the reporting of the assault to police, school, or work. It is normal to feel confused and unsure about what to do, who to talk to, or what steps to take.

SARAH provides a confidential, victim-centered, trauma-informed setting in which a victim/survivor may visit and learn about available resources and options. Individual's choices are respected and honored.

What to expect from SARAH?

**Compassionate care
tailored to each
individual's needs.**

SARAH is a confidential resource
available to the University community,
free of charge.

STAR Central

STAR Central serves as the Office of Support, Training, Advocacy, and Resources with focus on sexual and relationship violence prevention and victim advocacy.

Talking with a trained advocate in a supportive and confidential space, an individual may process what has happened while learning of available options and resources.

STAR Central of the Pat Walker Health Center can help victims/survivors with advocacy needs, such as:

- Trauma-informed support
- Accessing medical care and forensic medical examination
- Identifying reporting options
- Finding counseling options
- Accompaniment to meetings
- Provide resources for victim rights, safety planning, campus accommodations
- Navigating campus systems
- And other victim advocacy needs

Legal Aid of Arkansas

Student survivors of sexual and relationship violence face unique legal challenges and may have concerns about their privacy, safety, education, and more. Legal Aid provides a safe and confidential space to talk about available options to assist.

Legal Aid can provide free legal services for victims of sexual and relationship violence. Legal Aid of Arkansas can help victims/survivors with non-criminal legal issues, such as:

- Safe-guarding victim rights
- Addressing/preventing retaliation
- Filing for civil protective order
- Protecting victim privacy
- Creating victim-centered safety plans
- Navigating Title IX and/or Criminal Justice process
- Preparing victim statements and testimony
- Seeking compensation/restitution
- Identifying free speech limitations
- Remediating employment issues
- And other civil legal needs



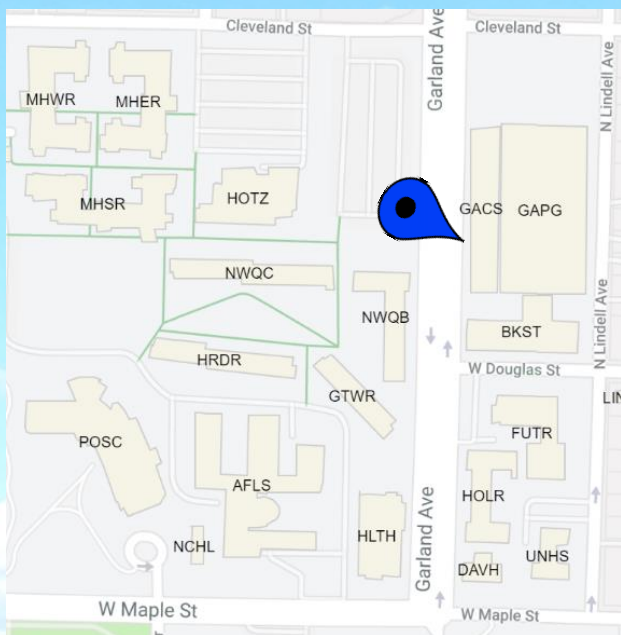
When to visit SARA

Walk in Visits

Tuesdays
1:00-3:00 pm

Wellness Center
@ Garland Garage Complex

*All services are confidential
and free of charge.*



contact us

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UNIVERSITY OF
ARKANSAS
STUDENT AFFAIRS

Pat Walker Health Center

Spencer S. Bowling

Equal Justice Works Crime Victims
Justice Corps Fellow
1200 Henryetta Street
Springdale, AR 72762
1-800-967-9224
1-870-972-9224

sbowling@arlegalaid.org
www.arlegalaid.org



LEGAL AID of ARKANSAS
Equal Access to Justice

updated October 2018

Need **HELP** after
sexual assault?

Visit **SARA**
and confidentially
talk about resources
& options.

All SARA services are confidential.



Sexual Assault Resources and Help
a collaboration between
STAR Central and Legal Aid of Arkansas