



UNIVERSITY OF
ARKANSAS

Student Affairs
Pat Walker Health Center

Annual Notification of Alcohol & Other Drug Information

Information for Students, Faculty, and Staff

The University of Arkansas is required by law to notify annually all students, faculty and staff regarding alcohol and other drug policies, sanctions and risks associated with substance use.

This notification provides the campus community with the following information:

- A. Drug and Alcohol programs available to employees and/or students
- B. Health risks associated with alcohol abuse and illicit drug use
- C. Standards of conduct and disciplinary sanctions for students regarding alcohol and drug use
- D. Arkansas Alcohol and Drug – Related Laws

A. Alcohol and Drug Programs Available to Students or Employees

At the University of Arkansas, we strive to provide a teaching and learning environment that supports healthy choices for living and fosters student and employee success. Included in the choices that confront everyone are decisions about the use of alcohol and other substances. If you or someone you know is being affected by alcohol or drug use, please use the recommended resources below.

Resources for Students

If you have any questions about the purpose of this notification or its content, please contact:

- Emery Gower – Director of Substance Education and Alcohol Resources, Department of Wellness and Health Promotion, Pat Walker Health Center, 479-575-3184 or edgower@uark.edu.

Substance Education & Alcohol Resources

The Substance Education and Alcohol Resources (SEAR) office is dedicated to educating and empowering students to make informed decisions regarding alcohol and drug use, and providing leadership and advocacy to enhance the wellness of the campus community.

Counseling and Psychological Services • 479-575-5276

Counseling and Psychological Services (CAPS) is dedicated to addressing the challenges and difficulties students face. The services provided at CAPS are designed to help students understand themselves better, create and maintain satisfying relationships, improve their academic performance, and make healthy and satisfying career and life choices. To learn more about how to schedule an appointment or about the services offered at CAPS please visit: <http://health.uark.edu/mental-health/index.php>

Razorback Recovery Community • alcohol@uark.edu

The Razorback Recovery Community (RRC) seeks to provide an environment of support for students in or seeking recovery. The RRC aims at creating an environment where every student can find peer support as they navigate their college experience. The RRC Living Room is located in the Wellness Center and is open to anyone who is looking for support. For more information about the RRC please visit: <https://health.uark.edu/wellness-health/razorback-recovery.php>

AlcoholEdu

All new, first-year, degree-seeking students at the University of Arkansas are required to complete the online program, AlcoholEdu. This requirement helps to foster an environment that prevents high-risk alcohol use and subsequent negative academic and personal outcomes. AlcoholEdu is just one of many methods which attempt to correct college myths and norms, as well as provide students with relevant policies and resources prior to matriculation.

There is evidence which supports the efficacy of AlcoholEdu. In the program, students are taken through several interactive modules that include lessons such as how to recognize and respond to an alcohol-related emergency; how to use low-risk drinking strategies; how to model safer decision-making; and strategies to be an active bystander. Students are required to complete Part 1 of this two-part course prior to the first day of classes, and Part 2 thirty days after the completion of Part 1.

Resources for Faculty and Staff

Employees interested in more information may contact:

- Debbie McCloud – Associate Vice Chancellor for Human Resources
479-575-2159 or dmcloud@uark.edu

Employee Assistance Program

1-800-542-6021 or 479-973-9072

The Employee Assistance Program provides confidential assistance to identify and resolve marital, family, financial, health, alcohol, drug, legal, emotional or stress-related problems, and address other personal concerns which may adversely affect employee job performance. The university contracts with the Employee Assistance Program to provide services, which are offered to benefits-eligible employees and their immediate family members at no cost.

Health Insurance Coverage for Treatment

UMR Health Insurance plans provide coverage for substance abuse treatment. Consult your medical plan for details. For questions or assistance, contact the Benefits section of Human Resources at 479-575-3717.

Resources for Students, Faculty, or Staff

12-Step Programs

The University of Arkansas acknowledges the value of 12-step programs in attaining and maintaining a substance-free lifestyle. Schedules of meetings for Alcoholics Anonymous, Narcotics Anonymous. Al-Anon meetings by visiting:

- AA meetings: <http://www.nwarkaa.org/fayetteville.htm>
- NA meetings: <http://naofnwa.org/pages/meetings.php>
- Al-Anon meetings: <http://www.arkansasalanon.org/alanonmeetings.htm>

B. Standards of Health Risks Associated with Alcohol Abuse and Illicit Drug Use

Commonly Abused Drugs

<https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts>

Nicotine	
Commercial/Street Names	Effects
Found in cigarettes, cigars, bidis, smokeless tobacco	Chronic lung disease; cardiovascular disease; stroke; cancers of the mouth, pharynx, larynx, esophagus, stomach, pancreas, cervix, kidney, bladder, and acute myeloid leukemia; adverse pregnancy outcomes; addiction; increased blood pressure and heart rate

Alcohol (ethyl alcohol)	
Commercial/Street Names	Effects
Found in beer, wine, and liquor	In low doses: euphoria; mild stimulation; relaxation; lowered inhibitions In higher doses: drowsiness; slurred speech; nausea; emotional volatility; loss of coordination; visual distortions; impaired memory; sexual dysfunction; loss of consciousness. Increased risk of injuries; violence; fetal damage (in pregnant women); depression; neurologic deficits; hypertension; liver and heart disease; addiction; fatal overdose

Marijuana	
Commercial/Street Names	Effects
Blunt, dope, ganja, grass, herb, joint, bud, Mary Jane, pot, reefer, green, trees, smoke, sinsemilla, skunk, weed	Euphoria; relaxation; slowed reaction time; distorted sensory perception; impaired balance and coordination; increased heart rate and appetite; impaired learning, memory; anxiety; panic attacks; psychosis; cough, frequent respiratory infections; possible mental health decline; addiction

Hashish	
Commercial/Street Names	Effects
Boom, gangster, hash, hash oil, hemp	Euphoria; relaxation; slowed reaction time; distorted sensory perception; impaired balance and coordination; increased heart rate and appetite; impaired learning, memory; anxiety; panic attacks; psychosis; cough, frequent respiratory infections; possible mental health decline; addiction

Heroin	
Commercial/Street Names	Effects
Diacetylmorphine: smack, horse, brown sugar, dope, H, junk, skag, skunk, white horse, China white; cheese (with OTC cold medicine and antihistamine)	Euphoria; drowsiness; impaired coordination; dizziness; confusion; nausea; sedation; feeling of heaviness in the body; slowed or arrested breathing; constipation; endocarditis; hepatitis; HIV; addiction; fatal overdose

Opium	
Commercial/Street Names	Effects
Laudanum, paregoric: big O, black stuff, block, gum, hop	Euphoria; drowsiness; impaired coordination; dizziness; confusion; nausea; sedation; feeling of heaviness in the body; slowed or arrested breathing; constipation; endocarditis; hepatitis; HIV; addiction; fatal overdose

Cocaine	
Commercial/Street Names	Effects
Cocaine hydrochloride: blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, toot	Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis; nasal damage from snorting; weight loss; insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction

Amphetamine	
Commercial/Street Names	Effects
Biphetamine, Dexedrine: bennies, black beauties, crosses, hearts, LA turnaround, speed, truck drivers, uppers	Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis; nasal damage from snorting; weight loss; insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction

Methamphetamine	
Commercial/Street Names	Effects
Desoxyn: meth, ice, crank, chalk, crystal, fire, glass, go fast, speed	Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis; nasal damage from snorting; weight loss; insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction

MDMA (methylenedioxy-methamphetamine)	
Commercial/Street Names	Effects
Ecstasy, Adam, clarity, Eve, lover's speed, peace, uppers	Mild hallucinogenic effects; increased tactile sensitivity; empathic feelings; lowered inhibition; anxiety; chills; sweating; teeth clenching; muscle cramping

Flunitrazepam *	
Commercial/Street Names	Effects
Rohypnol: forget-me pill, Mexican Valium, R2, roach, Roche, roofies, roofinol, rope, rophies	Sleep disturbances; depression; impaired memory; hyperthermia; addiction; sedation; muscle relaxation; confusion; memory loss; dizziness; impaired coordination; mild hallucinogenic effects; increased tactile sensitivity; empathic

	feelings; lowered inhibition; anxiety; chills; sweating; teeth clenching; muscle cramping
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GHB *

Commercial/Street Names	Effects
Gamma-hydroxybutyrate: G, Georgia home boy, grievous bodily harm, liquid ecstasy, liquid X, soap, scoop, goop	Drowsiness; nausea; headache; disorientation; loss of coordination; memory loss; mild hallucinogenic effects; increased tactile sensitivity; empathic feelings; lowered inhibition; anxiety; chills; teeth clenching; sweating; muscle cramping; sleep disturbances; depression; impaired memory; hyperthermia; addiction; unconsciousness; seizures; coma

Ketamine

Commercial/Street Names	Effects
Ketalar SV: cat Valium K, Special K, vitamin K	Anxiety; tremors; numbness; memory loss; nausea; feelings of being separate from one's body and environment; impaired motor function; analgesia; impaired memory; delirium; respiratory depression and arrest; death

PCP and Analogs

Commercial/Street Names	Effects
Phencyclidine: angel dust, boat, hog, love boat, peace pill	Anxiety; tremors; numbness; memory loss; nausea; feelings of being separate from one's body and environment; impaired motor function; Analgesia; psychosis; aggression; violence; slurred speech; loss of coordination; hallucinations

Salvia Divinorum

Commercial/Street Names	Effects
Salvia, Shepherdess's Herb, Maria Pastora, magic mint, Sally-D	Anxiety; tremors; numbness; memory loss; nausea; feelings of being separate from one's body and environment; impaired motor function

Dextrmethorphan (DXM)

Commercial/Street Names	Effects
Found in some cough and cold medications: Robo, Robotripping, Triple C	Anxiety; tremors; numbness; memory loss; nausea; feelings of being separate from one's body and environment; impaired motor function; euphoria; slurred speech; confusion dizziness; distorted visual perceptions

LSD

Commercial/Street Names	Effects
Lysergic acid diethylamide: acid, blotter, cubes, microdot yellow sunshine, blue heaven	Altered states of perception and feeling; nausea; hallucinations; increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness, dizziness, weakness, tremors; impulsive behavior; rapid shifts in emotion; flashbacks; Hallucinogen Persisting Perception Disorder

Mescaline

Commercial/Street Names	Effects
Buttons, cactus, mesc, peyote	Altered states of perception and feeling; nausea; hallucinations; increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness, dizziness, weakness, tremors; impulsive behavior; rapid shifts in emotion

Psilocybin	
Commercial/Street Names	Effects
Magic mushrooms, purple passion, shrooms, little smoke	Altered states of perception and feeling; hallucinations; nausea; nervousness; paranoia; panic

Anabolic Steroids	
Commercial/Street Names	Effects
Anadrol, Oxandrin, Durabolin, Depo-Testosterone, Equipoise: roids, juice, gym candy, pumpers	No intoxication effects. Hypertension; blood clotting and cholesterol changes; liver cysts; hostility and aggression; acne In adolescents: premature stoppage of growth. In males: prostate cancer, reduced sperm production, shrunken testicles, breast enlargement. In females: menstrual irregularities, development of beard and other masculine characteristics

Inhalants	
Commercial/Street Names	Effects
Solvents (paint thinners, gasoline, glues); gases (butane, propane, aerosol propellants, nitrous oxide); nitrites (isoamyl, isobutyl, cyclohexyl): laughing gas, poppers, snappers, whippets	Cramps; muscle weakness; depression; memory impairment; damage to cardiovascular and nervous systems; unconsciousness; sudden death Also, varies by chemical: Stimulation; loss of inhibition; headache; nausea or vomiting; slurred speech; loss of motor coordination; wheezing

Notes

* Associated with sexual assaults

Principles of Drug Addiction Treatment

More than three decades of scientific research show that treatment can help drug-addicted individuals stop drug use, avoid relapse, and successfully recover their lives. Based on this research, 13 fundamental principles that characterize effective drug abuse treatment have been developed. These principles are detailed in **NIDA's Principles of Drug Addiction Treatment: A Research-Based Guide**.

C. Standards of Conduct & Disciplinary Sanctions for Students Regarding Alcohol & Drug Use

Student Standards and Conduct

The current Code of Student Life can be found here: <https://handbook.uark.edu/>

Residence Hall Handbook

The current student Residence Hall Handbook can be found here:

<https://housing.uark.edu/resources/pdfs/residence-hall-handbook-19-20.pdf>

Students that are found responsible for violation of university policy related to alcohol or drugs are typically referred to the Substance Education and Alcohol Resources office at the Pat Walker Health Center.

The current sanctioning guidelines for alcohol and drug related violations can be found here:

<http://ethics.uark.edu/sanctions/alcohol-sanctioning-guidelines.php>

The current listing of Alcohol and Other Drug Education Programs can be found here:

<http://ethics.uark.edu/sanctions/alcohol-drug-education-programs.php>

D. Arkansas Alcohol and Drug –Related Laws

3-3-201(a) The sale, giving away, or other disposition of intoxicating liquor to a minor is declared a misdemeanor.

First offense: Fine of \$200-\$500

Second or subsequent offense: Jail time of no less than one (1) year; Fine of \$500-\$1,000

3-3-202(a) (1) It shall be unlawful for any person to knowingly furnish any alcoholic beverage to any person under twenty-one (21) years of age.

First offense: Jail time of no more than ten (10) days; Fine of no more than \$500

Second or subsequent offense; Felony: Jail time of one (1) to five (5) years; Fine of no more than \$500

3-3-203 (a) (1) It is unlawful for any person under twenty-one (21) years of age to purchase or have in his or her possession any intoxicating liquor, wine, or beer.

(2) For the purposes of this section, intoxicating liquor, wine, or beer in the body of a minor is deemed to be in his or her possession.

(b) It shall also be unlawful for an adult to purchase on behalf of a person under twenty-one (21) years of age any intoxicating liquor, wine, or beer.

(c) A person eighteen (18) years of age or older violating this section is guilty of a violation and upon conviction shall be subject to a fine of not less than \$100 nor more than \$500.

(e) (1) In addition to the fine authorized by subsection (c) of this section, at the time of arrest of a person eighteen (18) years of age or older for violation of the provisions of subsection (a) of this section, the arrested person shall immediately surrender his or her license, permit, or other evidence of driving privilege to the arresting law enforcement officer as provided in § 5-65-402.

(2) (A) The Office of Driver Services or its designated official shall suspend or revoke the driving

privilege of the arrested person or shall suspend any non-resident driving privilege of the arrested person, as provided in § 5-65-402.

(B) The period of suspension or revocation shall be based on the offense that caused the surrender of the arrested person's license, permit, or other evidence of driving privilege as described in subdivision (e)(1) of this section and the number of any previous offenses as follows:

- (i) Suspension for sixty (60) days for a first offense under subsection (a) of this section;
- (ii) Suspension for one hundred twenty (120) days for a second offense under subsection (a) of this section; and
- (iii) Suspension for one (1) year for a third or subsequent offense under subsection (a) of this section.

(3) In order to determine the number of previous offenses to consider when suspending or revoking the arrested person's driving privileges, the office shall consider as a previous offense any conviction under subsection (a) of this section which occurred either prior to or after August 12, 2005.

3-3-219 (a) (1) A person who exercises control over private property shall not knowingly allow a person under twenty-one (21) years of age who is not a family member of the person to consume alcohol on the private property.

(2) The subsection applies only to a person who is present and in control of the private property at the time the consumption occurs.

- First offense: Misdemeanor; Fine of \$100-\$500; Theme or essay on liquors, wine, or beer; Probation
- Second or subsequent offense: Same as first offense

5-27-502 (a) It shall be unlawful for a person to: (1) manufacture or produce fraudulent personal identification documents for the purpose of providing a person under twenty-one (21) identification which can be used for the purpose of purchasing alcoholic beverages; (2) alter a personal identification document for the purpose of providing a person under twenty-one (21) false identification which can be used for the purpose of purchasing alcoholic beverages; (3) sell or otherwise distribute such fraudulent personal identification documents to a person under twenty-one (21).

- First offense: Class C felony: Jail time of three (3) to ten (10) years; Fine of no more than \$10,000
- Second offense: Class B felony: Jail time of five (5) to twenty (20) years; Fine of no more than \$15,000

5-27-503 (a) It shall be unlawful for: (1) a person to possess a fraudulent or altered personal identification document for the purpose of providing a person under twenty-one (21) identification which can be used for the purpose of purchasing alcoholic beverages; (2) a person under twenty-one (21) to possess a fraudulent or altered personal identification document which can be used for the purpose of purchasing alcoholic beverages; or (3) a person under twenty-one (21) to attempt to use a fraudulent or altered personal identification document for the purpose of purchasing alcoholic beverages illegally.

- First offense: Class B Misdemeanor: License suspended – Offenders under eighteen (18), one (1) year or until eighteenth (18th) birthday; Jail time of no more than one (1) year; Fine of no more than \$1,000
- Second or subsequent offense: Class A Misdemeanor: License suspended – Offenders under eighteen (18), one (1) year or until eighteenth (18th) birthday; Jail time of no more than one year; Fine of no more than \$1,000

5-71-212 (a) A person commits the offense of public intoxication if he or she appears in a public place manifestly under the influence of alcohol or a controlled substance to the degree and under circumstances such that he or she is likely to endanger himself or herself, other persons, or property, or that he or she unreasonably annoys persons in his or her vicinity.

(c) A person commits the offense of drinking in public if that person consumes any alcoholic beverages in any public place, on any highway or street, or upon any passenger coach, or in or upon any vehicle commonly used for the transportation of passengers, or other public place other than a place of business licensed to sell alcoholic beverages for consumption on the premises.

First offense: Class C Misdemeanor: Jail time of no more than thirty (30) days; Fine of no more than \$100

Second or subsequent offense: Same as first offense

27-16-302 It is a misdemeanor for any person: (1) To display, or permit to be displayed, or have in his or her possession any cancelled, revoked, suspended, fictitious, or fraudulently altered driver's license; (2) To knowingly assist or permit any other person to apply for or obtain through fraudulent application or other illegal means any Arkansas driver's license; (3) To lend his or her driver's license to any other person or knowingly permit its use by another; (4) To display or represent as one's own any driver's license not issued to him or her; (5) To use a false or fictitious name in any application for a driver's license, or to knowingly make a false statement, or to knowingly conceal a material fact or otherwise commit a fraud in any application; (6) To permit any unlawful use of a driver's license issued to him or her; or (7) To do any act forbidden or fail to perform any act required by this act.

First offense: Misdemeanor: Jail time to be determined by the court; Fine of no more than \$500

Second offense: Same as first offense

5-65-103 (a) It is unlawful for any person who is intoxicated to operate or be in actual physical control of a motor vehicle.

(b) It is unlawful for any person to operate or being actual physical control of a motor vehicle if there was 0.10% or more by weight of alcohol in the person's blood as determined by a chemical test.

First offense (penalties increase for subsequent offenses):

- License seized upon arrest
- License suspended – ninety (90) to one hundred twenty (120) days
- Fine of \$100-\$500
- Public service
- Alcohol and driving education program
- (No plea bargaining nor probation)

5-65-2002 (a) and **5-65-309 (a)** Any person who operates a motor vehicle shall be deemed to have given consent to a chemical test of his or her blood, breath, or urine for the purpose of determining the alcohol or controlled substance content of his or her blood.

First offense:

- License seized upon arrest
- License suspended – one hundred eighty (180) days for DWI, ninety (90) to one hundred eighty (180) days for DUI
-