

# COVID-19: RETURNING FROM ABROAD

**Per the Arkansas Department of Health (ADH), travelers returning to the United States from areas with sustained community spread of COVID-19 (currently China, Iran, South Korea, and Japan - additional countries could be added at a later date) should anticipate some restrictions on their movement for a period of 14-days from the time they have left their destination.**

- Your travel will likely be redirected to a U.S. airport where CDC has quarantine stations.
- You will be asked about your health and travel.
- You will be screened for the presence of symptoms, trouble breathing or fever.

**You should contact ADH Outbreak Response section at 501-537-8969 before or upon arriving back in the U.S., and they will guide you in the process.**

**If you have fever, cough or trouble breathing:** CDC staff at the airport will evaluate you for illness. You will be taken to a medical facility for further evaluation and care. You may not be able to continue to your final destination at that time.

**If you do not have symptoms and/or fever:** you will be allowed to reach your destination.

You should prepare for the likelihood that you will be instructed to self-isolate for 14 days upon your return home. **You should not return to campus.** You should not check into a hotel. You should be in a home or apartment where you can limit your contact with other persons.

The ADH will interview travelers and make a case-by-case determination of risk. They will discuss isolation procedure, symptoms to watch for, temperature monitoring, and develop a plan of action (should symptoms develop) including self-isolation.

They will also discuss what to do if you have an unrelated medical emergency and how to obtain food and other services.

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